

Torn 9 3 08

My emotions get ahead of my heart...and I know that I have to wait...
It's so hard to be honest...because it makes me feel like I am weird...
I am torn by the way my heart feels...it beats for something more...
 But right now it feels like its dying...torn from my chest...
 I don't know why every time...my heart gets excited...
 It gets broken...didn't mean to let it, but sometimes life hurts...
 I am afraid to let people in...to be myself around people...
 Trying to heal...when I know all I need is love...
 There are so many things in this world...that make me cry...
When I fall asleep at night...All I can do is curl up and let the tears stream down my face...
 Feeling so alone...and feeling so abandoned...feeling as if I was rejected...
I didn't want to show others...my pain but I felt by sharing helped me sort things out...
 I didn't get hurt because I couldn't allow my self to go there...
 But my healing is causing me so much pain...
 It's driving me insane...and I am going mad...
 I want to get over it...and I know that I will...