

Tummy time 7 7 09

I want to trust in the way that little children do  
I want to be able to be open to the point where I can be transparent  
Crawling, crying, longing to be held  
I need tummy time so I can learn how to take the next step  
I have been so hesitant because I didn't want to fail  
But by falling down I've learned that we all need tummy time  
I want to feel connected, close, loved and cherished  
We always know that we need something, but sometimes we cannot  
communicate it with others clearly  
When I cry, sometimes I feel helpless  
Sometimes I feel relaxed  
Other times I feel indifferent  
There are times when I feel energized  
Sometimes when I cry I want to fall asleep  
But we all need tummy time, and we all need someone to hold us  
We all need to learn how to crawl so that we can learn to walk  
I want to grow close to my Father, but I keep pushing Him away  
Praying but not knowing what to ask for  
Knowing that God knows, but sometimes stumbling over my thoughts  
I know what I need but a lot of times I don't ask because I am afraid  
There are so many things that seem to distract me from the source I need  
I want to be open, I want to be free  
I want to learn to walk but first I must crawl  
I need to lay on my tummy and let someone love me by leaving me there  
I may not like tummy time, but I know that's what I need.