Walls 10 8 09

Stuck within a room walls around me,
Stuck within a cell that is closing in
I feel like the walls that I create that make me feel safe
Are there to try to protect me, but reality is they are killing heart
I close sections off of my heart because I don't want to let people in
I don't want to tell anyone I'm hurting, because I may come across as weak
When I hide my heart from others it creates the illusion that I am safe
But inside I am screaming for someone to rescue me
There are many things that can be shared
But only on the condition that someone truly cared
I thought that every wall I tried to hide behind would protect the heart
I found out the hard way, that I can't just keep building walls
Inside my heart is a living hell, because I choose not to tell
I may come out of hiding, but I may be a mess when you see me
If you're willing to help me open up, then I can't have you leave half way
Because leaving the walls up seems safer to me, than letting it down
Freakin' out on me, and bein' real with me are two different things
My walls don't have to be concrete, but I think they are delicate glass
You may not see them, but then you come crashing through
Leaving me to pick up the shattered pieces trying to figure out why I let you in
I put myself in a room that had yet to be built
Instead of building the outside first, I started making it inside out
Then when I finished I realized I was all alone, longing for a way out
I realized that if I just let you in, you would atleast be with me helping me get out
There are many times that I don't trust you enough to let you close enough
I don't know if I made the room soundproof, but it feels like I did
I feel like all my cryin' out for help, is falling upon deaf ears
I try to get up high enough to see over the wall, but I keep hitting the roof
The walls that we create will eventually crush everything we hoped for
There are many times that we are own worst enemies
There are times when we hurt ourselves more than others
But there is a God who wants to be in that room with you